

THE TRILLIUM SYSTEM™

1. THE OPEN SYSTEM THE LARGER SELF

Connected with God, Source,
Universe, Pure Consciousness

- ♡ Pure Being
- ☀ Presence
- ∞ Love
- 🌸 Peace
- 🌀 Wholeness
- ☆ Profound Stillness

GRAVITATIONAL PULL:

Love, Clarity, Trust,
Surrender, Presence,
Inner Peace

Aligned Action
Effortless Flow
Inspired Manifestation

✦ THE KEY TRUTH

You are not your wounds.
You are not your desires.
You are not even your peace.
You are the awareness
in which all three arise.
YOU ARE THAT.

THREE EXPRESSIONS. ONE AWARENESS.

You are not just one self. You are a system of three,
caught between two gravitational pulls.



3. THE ORBITING SYSTEM THE DESIRING SELF

The body mind caught in between,
constantly orbiting.



When aligned with
the Open System,
life flows.

When pulled into
the Closed System,
suffering grows.

✦ HOW TO SHIFT ORBIT ✦



See clearly.
Stay present.
Witness without
judgment.



Let go of control.
Trust the flow.
Allow life to
move you.



Quiet the noise.
Return to silence.
Rest in awareness.
Be.

2. THE CLOSED SYSTEM THE EGO SELF

Disconnected from Source,
identified with mind and past.

- ♡ Wounds
- ☹ Fear
- 🛡 Shame
- 🩹 Insecurity
- 📖 Old Stories
- 🔗 Belief Systems
- 📊 Patterns
- 🔒 Conditioning

GRAVITATIONAL PULL:

Fear, Doubt, Control,
Blame, Attachment,
Resistance

Forced Action
Struggle
Unfulfilled Manifestation

✦ MANIFESTATION TRUTH ✦

You don't manifest
what you want.
You manifest what you
are aligned with.

**BE THE OPEN SYSTEM.
THEN WATCH LIFE
ORBIT YOU.**

✦ THREE SYSTEMS. ONE AWARENESS. RETURN TO THE REAL. YOU ARE THE LARGER SELF. ✦

The Trillium System™

Created by Adwiti Subba Haffner

©Alive with Adwiti / alivewithadwiti.com

